

Checklist - Stop Smoking Interventions in Colposcopy

The purpose of this checklist

This checklist provides a list of actions for colposcopy clinics seeking to implement best practice stop smoking interventions. The actions include:

- Working in partnership with stakeholders
- Providing access to information on the links between HPV, cervical cancer and smoking for staff and patients
- Recording patient information on the colposcopy patient record system
- Ensuring stop smoking referral systems are in place
- Enabling and monitoring staff training
- Awareness of the stop smoking national clinical guideline.

How to use this checklist

Work through the sections below and decide if action is required. These actions will support patients that attend the service to be open to referral to stop smoking services.

Colposcopy clinic actions for best practice stop smoking interventions

Working in partnership with key stakeholders Does your clinic have national and local working relationships with stop smoking stakeholders? For example:	checklist - yes	checklist - no	action required
Tobacco Free Ireland Programme			
National Quitline			
Local Stop Smoking advisors			
Healthy Ireland team locally			
Others			
Staff access to up-to-date information All staff should be aware of the links between HPV, cervical cancer and smoking. Confirm if:	checklist - yes	checklist - no	action required
Staff are familiar with the information on the links between smoking, HPV and cervical cancer			
Information gaps need to be addressed			
Staff have access to the smoking, HPV and cervical cancer staff resource			
Colposcopy patient record system Are processes in place to capture the following patient information?	checklist - yes	checklist - no	action required
Smoking status			
If brief intervention was offered			
If direct referral to stop smoking services was made			



Referral system Which of the following referral systems are in place? E-referral is recommended as it is efficient and reduces data entry errors. Tobacco Free Ireland can provide feedback on the number of e-referrals received, accepted and the quit rate for those referred.	checklist - yes	checklist - no	action required
E-referral			
E-mail referral			
Paper referral			

Training Have all staff completed additional relevant training? For example:	checklist - yes	checklist - no	action required
The HSE Make Every Contact Count (MECC) training			
Other smoking cessation training			
Other relevant training			

Information resources The availability of information resources such as leaflets and posters are important for staff and patients. Are the following resources available in hard copy in your clinic?	checklist - yes	checklist - no	action required
The information on smoking, HPV and cervical cancer for patients leaflet as available on the CervicalCheck website and on healthpromotion.ie			
Other relevant resources – e.g., MECC resources, Tobacco Free Ireland resources healthpromotion.ie.			
Are you aware that you can order resources on www.healthpromotion.ie (You can create a user profile to access more materials and email healthinfo@hse.ie to gain access to restricted publications.)			

Clinical Guideline for Stop Smoking The guideline is relevant to all healthcare professionals working in primary care, secondary care, and community care. Are these staff:	checklist - yes	checklist - no	action required
Aware of the clinical guidelines?			
Aware of the General Adult Population 18+ guidelines 1-3?			

Points to remember:

- All HSE stop smoking services are free of charge.
- NRT and stop smoking medication is free of charge.
- The HSE stop smoking services offer confidential, non-judgemental support to clients who want to quit smoking.
- Local services can be found at hse.ie/quitsupport.