





Colposcopy patient QUIT smoking pathway

The pathway describes the steps taken by the colposcopist (nurse or doctor) with the patient. Referral to the quit support service may be done by the colposcopist or other clinic staff, including administrative staff.

Colposcopy nurses and doctors have an equal responsibility to discuss smoking with a patient. It is best practice to identify if they smoke during their first visit. Should a patient accept or decline a referral to stop smoking services during their first consultation, document this information in their patient record, in accordance with the clinic's record-keeping responsibilities. Offer ongoing support during subsequent visits if the patient has not signed up using a person-centred approach.

Patient identified as a smoker

Patient attends colposcopy, smoking status identified and recorded (in the patient records and on revelant colpocopy software, e.g., CompuScope or Mediscan, for data capture and future potential audit).

Patient offered brief intervention and resources

Offered verbal intervention and resources on the link between smoking, HPV and cervical cancer using *Making Every Contact Count* training during brief intervention.

Every consenting patient is referred to QUIT smoking

Referral explained and offered. (Record patient's decision to decline referral, if relevant, in the patient's record).

Patient decision

Accepts referral

Refer to guit services for support.

Rejects referral

Offered materials, ongoing support and revisit referral.

Follow your professional clinical judgment. A patient may feel more prepared to stop smoking on follow-up visits such as post treatment check-ups as they may be experiencing some apprehension as they may be worried during the first visit.



What happens when I refer a patient to Quit services?

Colposcopist / administration staff make an e-referral* to the national QUIT service.

Referral processed by QUIT team

- Attempt to contact client within three days of receipt of referral
- Contact made up to three times (SMS and voicemail left after failed contact attempts)
- Offer of service in local area or via National Quitline Referral processing is facilitated by QuitManager **

Client accepts service

Callback assigned to Stop Smoking
Advisor in local service or via
National Quitline

Client declines service

Referral closed

^{*} Information required for referral includes client's name, county of residence, gender, pregnancy status (females), contact phone number (landline/mobile).

^{**} QuitManager is the national Behavioural IT Patient Management System for stop smoking services.